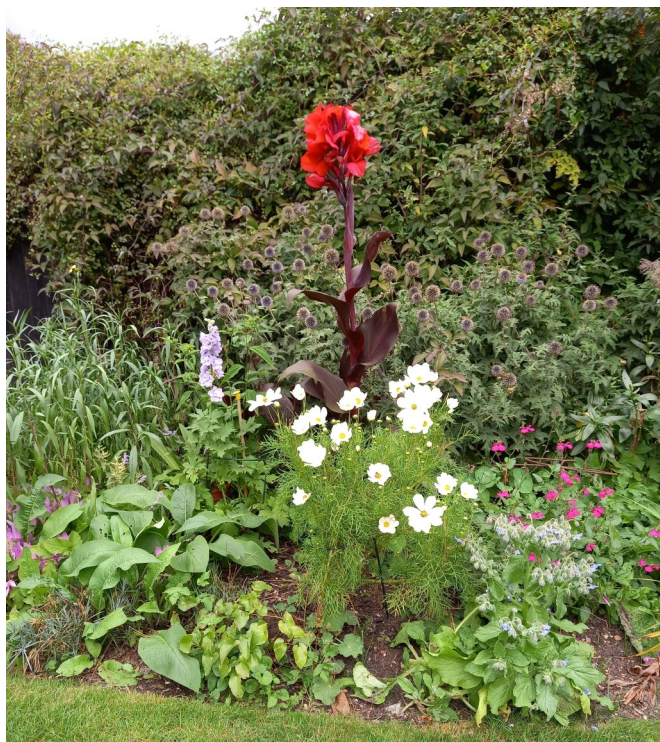




# Yaxley Messenger

*October 2023*



A last taste of summer?

Canna lily in Celia's garden.

*Photograph by Celia Pearson*

## **Dates for your diary**

**(30th September—Quiz Night)**

**13th October Pop-Up Bar**

**28th October—Children's Halloween Party**

**18th November— Another Evening with Charlie Haylock**

**9th December—Christmas Bingo**

# **Family Halloween Party**

## **Saturday 28th October**

**Prizes for:**

**Carved  
Pumpkin**

**Best  
Child  
fancy Dress**

**Best Adult  
fancy Dress**

**£2.50 per head—Pay at door**



**Refreshments:**

**Chilli - Hot dogs - Cakes**

**Yaxley Village Hall  
Old Ipswich Road, Yaxley IP23 8BX**

**Yaxley Village Hall  
Old Ipswich Road, Yaxley IP23 8BX**

# **Charlie Haylock and "The Dig"**

**Saturday 18th November**

**7.00 for 7.30**

Charlie is an extremely amusing expert on dialects, especially the Suffolk accent. He was adviser to Ralph Fiennes for the film "The Dig"



Preliminary interest has been keen, so get your tickets early to avoid disappointment

**Tickets £8 each - available from  
The Red House,  
Old Ipswich Road, Yaxley,  
telephone 01379 788754  
or email [i.muir@btinternet.com](mailto:i.muir@btinternet.com)**

# Clubs and Societies

## *The Art Club*

Meets in the Village Hall on Tuesdays 10.00 a.m. – 12 noon

**October 3rd, 10th, 17th, 24th and 31st**

All abilities welcome, £4.00. Come and create something artistic.

**Further details: Chris Virgo 788819.**

## *The Garden Club*

**October 5th at 7.30 p.m.** in the Village Hall

**Jan Michalak "Horticulture and Garden History"**

Visitors welcome £4

**More details: Celia Pearson 788494**

## *The Yaxley Needlework and Craft Group*

**October 4th and 18th  
at 2 p.m. in the Village Hall**

Share skills, complete projects—with tea and chat £2.50  
Do come along and join us.

**More details: Celia Tel 788754 or email: [celiaarmstrong@hotmail.co.uk](mailto:celiaarmstrong@hotmail.co.uk)**

## *The Four Seasons Ladies' Group*

**October 17th** at 2 p.m.  
In the Village Hall

**Pip Wright: "The Whistleblower Poacher"**  
Guest welcome: £4 plus £1 for refreshment

**Further details: Rita Hunt 0776 7143287  
email: [ritahunt100@hotmail.com](mailto:ritahunt100@hotmail.com)**

## *Yaxley and Mellis Reading Group*

**Enjoy reading? Want to discuss books with others?**

**Fourth Thursday afternoon of the month**

**Further details: Marie Needham 07904 121215 [mnwhizz@yahoo.co.uk](mailto:mnwhizz@yahoo.co.uk)**



## *The Parish Council*

Next Council Meeting **25th October**



The agenda/notices are on the Parish Noticeboard five days prior to the meeting

**The Parish Clerk** may be contacted by phone on 01379 783203 or 07958 623897 between 9.00 am and 7.00pm from Monday to Friday and on Saturday from 9.00am to 1.00pm. Please leave a voicemail message if there is no reply and the Clerk will return your call as soon as possible. Contact may also be made by email:- philip.c.freeman@btinternet.com or by letter to: Philip Freeman, 2 Mellis Road, Thrandeston, Diss, IP21 4BU

If there is an emergency then please phone 07958 623897

Website: <http://yaxley.onesuffolk.net>

**Councillors:** N Young (Chairman) I Luff K Pawsey  
J R Hawes J R A Moore Karin Stubbington

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**From 9 to 10 a.m. every Friday**

**“Use it or lose it”**

## **HIRE OF YAXLEY VILLAGE HALL**

*To book or enquire contact* **Celia Armstrong** on  
**01379 788754** or email: [celiaarmstrong@hotmail.co.uk](mailto:celiaarmstrong@hotmail.co.uk)



# St. Mary's Church

**South Hartismere Benefice  
October 2023**

As I sit in my tent in Derbyshire in August, listening to the pitter patter of the rain on the canvas, I wonder whether this heralds the end of summer and the start of autumn, although this summer has not been completely rain-free like some of our recent summers. To me, however, the beginnings of the end of summer starts when I sit and watch the combine harvester doing 'its thing' in the field opposite to my home, and I allow my attention, and gaze, to be temporarily disrupted as I look out of my study window. It is a welcome distraction from the computer screen and my GDPR and Data Protection training module detailing how unscrupulous people are trying to 'harvest' our personal data for ill-gotten gains.

I am no farmer; I am a city boy brought up in the suburbs of Norwich and the closest I came to agriculture was in history class where we studied books such as Jethro Tull's Horse Hoeing Husbandry (sic "A controversial but revolutionary method for seed planting and corn cultivation" or it was at the time). I do not speak therefore with any authority when I say that harvest is the culmination of perhaps a year long period of activity where the farmer has prepared and fertilised the ground, planted the seed, nurtured and fed the crop, and then gathered in the Harvest. Over the centuries farmers have understood more and with that have increased their yields. What is clear however, is that we ought to show our appreciation for the Harvest, and in our Church calendar, this is the time of the year in which we do it, when we say thank you to God (and to the farmers), and no matter how much we dislike the rain, it is needed for the whole cycle to be complete.

Harvest has parallels with many peoples' Christian journey. In the same way as that a harvest does not, and simply cannot, just happen without the sowing and reaping by the farmer, the same is true of my Christian beliefs. I learned these from a book, the bible, which I suspect at the time was possibly as controversial and revolutionary as they come. If the bible is a guide, I also need to be spiritually fed and nurtured by those who bring the stories (parables) in the bible to life and help us apply them to our own lives. We accept the "rainy days" as being a Christian does not mean it is all about blue skies and sunshine. As the centuries have gone by, Christians too have interpreted the teachings of Christ and given new meaning and brought hope to those that perhaps thought they were beyond the love and forgiveness of God.

I absolutely understand it when people say that they do not need to go to church to be a Christian, a church is just a building after all, but Jesus once said "For where two or three are gathered together in my name, I am there among them" and that is why we gather together and grow together. As we enter a period of vacancy, Rev Julia has encouraged us to meet together and support each other, and I invite you to join us. However, wherever you are and whatever you chose, I believe that our Heavenly father knows everything about us, all our thoughts, words and deeds and He loves us. I guess in a way He harvests our data, but in a way that offers us rewards in heaven far greater than we can possibly imagine.

## **Tim Rowe**

Church Warden  
All Saint's Church, Thorndon.  
All Saint's Church, Wetheringsett.

### **News from the Parishes:**

**Welcome to:** Elizabeth Ling; Florence Davey;  
Dylan and Sebastian Sitch; all baptised at  
Gislingham

**In Loving memory:** Barbara Miller, Gislingham;  
Jean Burdis, Thornham Magna







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# FOUR SEASONS

Our speaker in October is Pip Wright who will be talking about 'The Whistleblower Poacher'.

I have had requests to open up the meeting to guests and as this will boost numbers and increase funds the committee has agreed.

If your partner is interested in this old rural pastime or you have friends who would like to learn about how folk managed to feed their families, invite them along.

Cost £4 plus £1 refreshments.

All Welcome



17th October  
2p.m. Yaxley Village Hall

We are hoping to start the

## Hand Bells Group

again with the hope of playing at the Carol Service.



It is great fun and very easy- you do not have to be able to read music. Only ..... Count.

If you are interested please contact me by e mail [alpdsmith@outlook.com](mailto:alpdsmith@outlook.com) (We are away for a week at the start of October, so don't feel upset if you have not heard from me.)

We have 12 hand bells and require 6 ringers.

**Pauline**

## *Update from Councillor Nikki Young Chair, Yaxley Parish Council*

What a summer it has been, well a Summer akin to those I remember in the 60s and 70s. Holidays in the Lake District where it rained the whole time, whilst at home in North Norfolk it rained on and off throughout the Summer. We in East Anglia are as dry as Jordan usually, but this year has been more vintage and I for one have enjoyed it, far better than months of scorching heat!

We Councillors met with Cranswick representatives at our last Council meeting to discuss issues relating to the site's impact on the village. The smells emanating from Cranswick will be addressed by early next year, with the installation of new filtering systems, meeting new industry standards which will be something of a relief. The electrical engineering project lead will be reviewing the Cranswick car park lighting levels and gave his assurance that the installation of PIR lighting systems would be considered. This would hopefully ensure that the lights could be controlled and not on all through the night. We will be receiving progress updates.

Flytippers continue to unload mostly cardboard refuse at the bins by the bottle bank. MSDC do remove the excess refuse when notified. If you notice this kind of tipping, do please contact [philip.c.freeman@btinternet.com](mailto:philip.c.freeman@btinternet.com) and he will be in touch with MSDC to arrange its removal.

It has been noted that lorries are coming through the village presumably using Mellis Road as a shortcut from the A143. This road is not part of the County strategic HGV route. Furthermore, the Conrad and Drax vehicles should be using the A140 entrance and therefore have no need to use Mellis Road. If you have concerns relating to these vehicles, do please note any identifying company information and number plates and notify [philip.c.freeman@btinternet.com](mailto:philip.c.freeman@btinternet.com) who will contact the relevant companies.

Weeds, brambles, grass and hedges have been benefitting from the rain requiring a considerable amount of cutting and trimming. This operation has been costing the YPC in excess of £3500 already this year which incidentally is the amount of Precept monies we receive. This work has increased not just as a result of the weather but also as a result of the reduction in the works on verges and footpaths that were carried out by SCC Highways. The good news is that the hedges

in the churchyard have undergone extensive work to the delight of adjoining residents.

Suffolk Highways are conducting a consultation on the A140, we hope that the White Horse / Thorndon crossing difficulties could be addressed. Its definitely worth going to the SCC website and adding your views on this issue or any other relevant A140 matter.

Finally, I once again invite residents of Cherry Tree Close to consider forming a Residents Association to deal with the ongoing matters relating to the responsibilities of the developer, particularly relating to the formal adoption of the Close, an outstanding issue for the last 20 plus years. None of the Local Authorities or indeed YPC have any control over this issue but do want the developer to address the needs of residents.

*Nikki Young*  
*Chair Yaxley Parish Council*

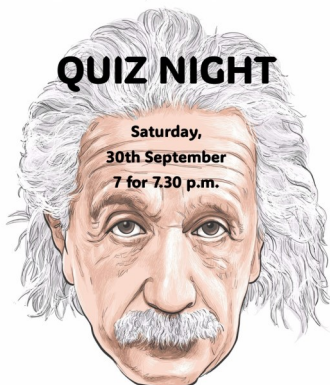
## **NOT TOO LATE WHEN YOU RECEIVE THIS**

(hopefully)

Yaxley Village Hall

Old Ipswich Road, Yaxley IP23 8BX

### **QUIZ NIGHT**



Saturday,  
30th September  
7 for 7.30 p.m.

Entrance £2.50 per head

Bring your own drinks and nibbles

Join a table or come with friends

This will be a light, fun quiz that suits all abilities. You certainly don't have to be an Einstein to take part!

## **Coffee Morning Yaxley House Care Home**

Church Lane, Yaxley



**Wednesday 18th October  
10.30am-11.30am**  
Then every third Wednesday of  
the month thereafter

**All welcome**

Contact Amanda for more details  
on 01379 783230

# Thornham Magna Bowls Club

This year is the 50th anniversary of Thornham Magna Bowls Club and to celebrate this occasion we recently held a day when we invited clubs that we play against to put a block of three players into a tournament, this proved successful with 20 blocks taking part. This was an all-day event with food etc. provided by the excellent members we have at the club. At the end of the day, 2 blocks from Old Newton contested the final.

Also, on this special day we were pleased to announce a new sponsorship deal for the club with "Yaxley Care Home"

"Yaxley House, part of Kingsley Healthcare are proud to support Thornham Magna Bowls Club. It was a pleasure to be invited to their 50th Anniversary tournament and provided us the opportunity to present the club with new scoreboards which we are sure will be put to good use! It was a lovely day, blessed with fine weather, good camaraderie and keen but good-natured competition, all played out in a wonderfully picturesque setting. We look forward to further develop our partnership with the club and wish them every success on the green. Kind Regards, Jason Gidden, Home Manager"

*Pictured with  
new score  
boards are:  
Keith Crabbe –  
Secretary,  
Alan Roberts –  
President,  
Jason Gidden –  
Yaxley Care  
Home,  
Mrs Madeline  
Crick - Chairman*



If you wish for further details on joining the bowls club for next summer, or if you wish to join us for our social evenings during the winter months at the club, please telephone **01379 871881** or **07979 771303**, you would be made most welcome.

# HOXON HUNDRED COTSWOLD DANCERS



Hoxon Hundred Morris dancers practice every Wednesday during the winter in St Edmunds Hall, Hoxne from 7.30 onwards. We are eager to introduce new members to this excellent, inexpensive way of keeping fit and socialising during those dark cold months of winter when outdoor activities are not so appealing.

**We are therefore warmly inviting you to take part in free sessions beginning on Wednesday 18th October to see if it is an activity you would enjoy.**

If you cannot make the 18th then just drop in any Wednesday after that date. We advise you to wear comfortable clothing and footwear.

If you wish to continue dancing throughout the Summer, you would be able to join us at fetes, festivals and regular Wednesday night dance outs.

We are always keen to have new musicians join our band you will be so very welcome any Wednesday.

**If you would like further information about the group please contact Jenny on 07403637517, or Jane Pearse on 0756468186. You can also find us on Facebook under Hoxon Hundred Morris Dancers.**

We all look forward to meeting you.

***Jan Robinson***

# *The Yaxley Book Shelf Vol 20*

*By Andrew Martinelli....*

The sun came out again! More work in the garden and less time to read, but some interesting ones found to share.

## *Rules of Civility*

**by Amor Towles**

This was Amor's first book. An author that can create such a vivid picture with words. Set in America in the 1930's a tale of one woman's journey. "A smart, witty, charming dry martini of a novel". Very enjoyable, one to savour.

## *Wish You Were Here*

**by Jodi Picoult**

This one was very hard to put down, and a seriously insightful story. Set in the beginnings of covid this is a story, and at times it feels like a true one, of those early days. The world changed so quickly, and those in the front line struggled to deal with all that kept coming. Difficult to review without giving spoilers, if you like a story with twists and turns, of people and healthcare then this is one for you.

*"This will make you laugh, nod and cry – and at one point gasp out loud with a twist you will not see coming"*

*From a guest:*

## *Let me in*

**by Claire McGowan**

Helen and George seem to have the happiest of marriages since meeting at university. When they decide to move to Cornwall from London, they both believe that the fresh start will give them the opportunity to leave behind difficult times.

The house they move to holds deep secrets that neither are prepared for, and their relationship is not what it seems.

A tale of murder, deceit and a touch of witchcraft helps to create an exciting page turner!



*I suppose not everyone reads books, so let's open up reviews to include films or plays/musicals and, indeed, television!*

*This film recommendation is from Muriel Austin*

## *What We Did on Our Holiday*

This is a 2014 film that I feel is an absolute gem and one of my most favourites of all time. Although primarily a comedy it has many poignant and thought provoking moments.

It has a cast of well known faces including David Tennant and Billy Connolly (don't let that put you off, he is a great actor!) However, it is the 3 children in it that steal the show. I chuckled the whole way through!

You should be able to find it on 'play back TV' or subscription channels. Alternatively, I use second hand dvd suppliers you can find on the internet. They are very good value.

*Share your favourite/ latest books , film or TV with us—just a few words on each will do*

Email your notes to me at [tony1andabby2@hotmail.com](mailto:tony1andabby2@hotmail.com)

*Abby*



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IT WAS GREAT TO MEET SO MANY OF YOU AT OUR FIRST EVENT. OUR NEXT POP-UP BAR DATE IS SET FOR OCTOBER 13TH. FOLLOW ON INSTAGRAM OR FACEBOOK FOR UPDATES

## PILATES AT YAXLEY VILLAGE HALL

**I have attended Emma's Pilates Class on a Monday night 6pm - 7pm since it started on 3rd July this year through Fit Villages.**

Emma has taken over the class since 18th September and is running it herself.

I have really enjoyed the class and found it core-strengthening and body-conditioning. My clothes fit much better and my strength, flexibility and mobility have improved immensely.

Pilates was developed by German gymnast, Joseph Pilates in the 1920's.

Pilates sets you up for life. If your core is strong and flexible, you can do pretty much anything you want.

Pilates is also a brilliant stress reliever, thanks to the mind-body connection the practice encourages.

*Joseph Pilates stated :  
'In 10 sessions you'll feel the difference, in 20  
you'll see the difference and in 30 you'll have a  
whole new body'.*

Why not try Pilates for yourself.

**£6.00 per class if paid termly. Drop in classes (if space available) £8.00.**

**Please contact Emma Hodson.**

**07914535448**

**[pilatesbodyharmony@aol.co.uk](mailto:pilatesbodyharmony@aol.co.uk)**

***Karin Stubington***

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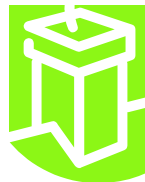
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NHS Direct	0845 4647
Botesdale Health Centre	01379 898295
Citizens' Advice Bureau (Diss)	01379 640530
Suffolk Police (non-emergency)	just phone 101
Suffolk Fire Safety	01473 260586
Electricity (emergency)	0800 783 8838
Anglian Water (emergency)	0800 145145
Essex and Suffolk Water (emergency)	0845 7820999

Supply your news/village events by **15th of the month please** to **Abby Brett** at Willow Lodge, Old Ipswich Road, Yaxley, IP23 8BX  
**telephone 01379 783984 or email: [tony1andabby2@hotmail.com](mailto:tony1andabby2@hotmail.com)**

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**I need a new car for work but I can't afford to buy a new one so I've been looking at second-hand options. I've heard so many horror stories about people buying cars that turn out to be faulty. I'm worried that I won't know what to check, especially as I know very little about cars. How can I make sure I don't buy a dud car?**

First of all, where are you going to buy the car? If you're buying from a trader, choose a trustworthy one with an established name with a good reputation. Ideally, they will be part of a trade association or follow the industry's code of practice. If you're buying via an auction, this is much riskier as you'll have fewer legal protections like the right to returns or refunds so carefully read the terms and conditions before you bid.

If you buy from a private seller, there's a few extra steps to take. For instance, try to inspect the car at their home address so if something goes wrong later, you have a record of that. Make sure the car's details are correct by using the DVLA's free online vehicle information checker. You'll need the registration number, MOT test number, mileage and make/model of the car to do this check. Also, check the car's MOT history for free on [gov.uk/get-vehicle-information-from-dvla](http://gov.uk/get-vehicle-information-from-dvla).

Keep a copy of both these results (take a screenshot or download the information) as well as the original advert or description of the car. You might also consider getting a private history check to see if the car's been reported stolen, still has money owing on it, or has been in a serious crash. This will cost about £20.

Inspecting the car is crucial before buying. Ideally, do this during the day when it's not raining (scratches are harder to see on a wet car) and take it for a test drive for at least 15 minutes and on different types of road, if possible. Check you have the appropriate insurance for a test drive (either your own or the seller's policy might cover you).

Don't be afraid to haggle on the price, and only pay what you can afford. Make sure you get the original (not a photocopy) of the log book and valid MOT test certificate. Never buy a car without the log book.

Often, despite doing all these checks, you might find something wrong with the car after you've bought it. You may have a legal right to a repair, the cost of a repair or some money back but it's on a case-by-case basis. If something has gone wrong with your car and you need help, you can call the Citizens Advice consumer helpline on 0808 2231133.

*Citizens Advice Mid Suffolk can provide advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at [midsuffolkcab.org.uk/contact-us](http://midsuffolkcab.org.uk/contact-us). Our opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.*

## *Recipe Corner*

## **Courgette, Date and Walnut Cake**

I have an allotment plot at Yaxley and it has been the most amazing year for courgettes. Here is a tried and tested courgette cake recipe that I would like to share with you. The dates allow less sugar input and the courgettes add fibre. It's practically good for you!

*You will need a 2lb lined loaf tin. Bake at 160 deg centigrade (fan) for 1 hour*

### **Ingredients**

2 large eggs  
125ml Veg oil  
70g soft brown sugar  
350g coarsely grated courgette  
(wring out as much moisture using a tea towel before adding to mix)  
1tsp vanilla essence  
300g plain flour  
2tsp cinnamon  
¼ tsp grated nutmeg  
½ tsp bicarb soda  
½ tsp baking powder  
85g roughly chopped walnuts  
140g chopped dates or sultanas

### **Method**

In a large bowl whisk together the eggs, oil and sugar till a bit frothy. Then add courgette (already wrung in a cloth) and vanilla and mix well.

In a separate bowl combine all the dry ingredients, add a pinch of salt and then add it to the wet ingredients.

Fold and mix well and do the same with the fruit and walnuts.

**It would be lovely to hear from other villagers who have favourite recipes to share. Perhaps we can make this a regular monthly feature.**

**Send recipes to Abby at [tony1andabby2@hotmail.com](mailto:tony1andabby2@hotmail.com)**

***Muriel Austin***

**If anyone would like an allotment there are some going spare.**

Contact the Parish Clerk (details on page 5)